

PE Curriculum Plan

Half term 1

Half term 2

Half term 3

Half term 4

Half term 5

Half term 6

Year	Focus	Scheme of Work Concepts					
Yr 7	Exploring Physical Literacy	Competence	Confidence	Knowledge & Understanding	Motivation	Challenge	Personal Best
		Football	Badminton Dance	Basketball Netball Tag Rugby		Athletics Cricket	OAA
Yr 8	Exploring Personal Development	Communication	Resilience	Emotional Intelligence	Intra-Personal Skills	Challenge	Personal Best
		Football	Badminton Dance	Basketball Netball Tag Rugby		Athletics Cricket	OAA
Yr 9	Exploring Character Development	Sporting Values	Redefining Competition	Problem Solving	Power o Positivity	Challenge	Personal Best
		Football	Badminton dance	Basketball Netball		Athletics Cricket	OAA
Yr 10	Exploring Leadership Skills	Attitudes & Behaviours	Effective Teams	Self-Reflection	Fulfilling Potential	Challenge	Personal Best
		Fitness Football	Badminton	Basketball Tag Rugby	Netball/Football Athletics	Athletics Cricket	OAA
Yr 11	Being Active for Life	Health & Well-being	Engagement Post 16	Remaining Active	The Journey Continues		
		Football	Basketball	Badminton	Netball	Fitness	



Overall Concept Focus



Practical Focus

Continent Competitions